



2016 SPRING
IRONBOUND SC RECREATIONAL LEAGUE

**PRACTICES: SCHEDULED AS BEEN REVISED
AND IS EFFECTIVE 5/16/16**

Practices will be held every Monday, at the fields at Independence Park (Adams Street). Practice times are structured by teams. The Monday practice sessions will be coordinated with professional trainers, who will be present at all practices to ensure that all registered players receive their weekly training. The practice time for registered players is listed on www.ironboundsoccer.com. Each player must come prepared to practice with a ball, water, shin guards, and their practice t-shirt.

Time	Little Field Recreational Field	Big Field (Adams St)	Big Field (Van Buren St)
5:30 pm	U-4 Barcelona U-4 Manchester United	U-6 Real Madrid U-6 Chelsea	U-6 America U-6 Orlando City FC
6:05 pm	U-4 Timbers U-4 Whitecaps	U-6 Roma U-6 Benfica	U-6 Juventus U-6 Sporting
6:40 pm	U-8 Lazio U-8 Palermo	U-8 Chicago Fire U-8 LA Galaxy	U-8 Red Bulls U-8 Cosmos
7:15 pm	U-8 Columbus Crew U-8 AC Milan U-10 NYCFC	U-10 Revolution U-10 Porto U-10 Sounders	U-10 Union U-10 Santos U-10 Sao Paulo
7:50 pm	U-10 Anderlecht U-12 Penarol U-12 Colorado Rapids	U-12 Napoli U-12 FC Dallas U-12 Dynamo	U-12 Celtic U-14 Inter U-14 Real Salt Lake

GAMES:

Games will be held every Saturday, because of the high number of participants, we will be using the two fields on some days, at Independence Park (Adams Street). Players will be divided into teams based on their age groups. The teams that each child is allocated to, are posted on www.ironboundsoccer.com. Each child must wear shin guards to play, without shin guards; no one will be allowed to play. Do not bring the ball for the games on Saturdays.

UNIFORMS:

Uniforms will be distributed prior to the first game. Each player must bring their uniform to the games

GAME SCHEDULE:

The game schedule will be posted on www.ironboundsoccer.com each week. Games will be played on Saturdays, and usually will start at 9 am – till about 7 pm. **Game times change from week to week, and you should verify the schedule each week.**

COACHES/TEAM MANAGERS:

We are still in need of coaches and team managers. If you are interested, please contact ironboundsclub@aol.com, or any ISC Board member.